

Resources for Parents Recommendations by LM Staff and Ministry Leaders

Books

General Parenting Books

1. Spiritual Parenting by Michelle Anthony
2. Start with the Heart by Kathy Koch
3. Sticky Faith by Kara Powell
4. Raising Kingdom Kids by Tony Evans
5. Boundaries with Kids by Drs. Henry Cloud and John Townsend
6. Boundaries with Teens by Drs. Henry Cloud and John Townsend
7. The Connected Child by Karen Purvis & David Cross
8. The Connected Parent by Karen Purvis & Lisa Qualls
9. Created to Connect by Karyn Purvis
10. Parenting from the Inside Out Daniel Siegel, Mary Hartzell
11. The Whole Brain Child-Strategies to Nurture Your Child's Developing Mind Daniel Siegel, Tina Payne Bryson
12. Raising Sexually Pure Kids by Tim & Beverly LaHaye

Getting to Know your Kids Books:

1. The 5 Love Languages of Children by Gary Chapman
2. 8 Great Smarts by Kathy Koch
3. Boys Should be Boys by Meg Meeker
4. Strong Fathers Strong Daughters by Meg Meeker
5. A Mom's Guide to Lies Girls Believe by Dannah Gresh

Sex, Puberty and Body Safety Books

1. I Said No! by Zack and Kimberly King
2. Good Pictures Bad Pictures Jr by Kristen A. Jenson (ages 3-7)
3. Good Pictures Bad Pictures by Kristen A. Jenson (ages 6-9)
4. Good Made Your Body by Jim Burns (ages 3-5)
5. How God Makes Babies by Jim Burns (ages 6-9)
6. Raising Body Confident Daughters by Dannah Gresh with It's Great to be a Girl: A guide to Your Changing Body by Dannah Gresh
7. It's Great to be a Guy by Bob Gresh
8. Teaching your Children Healthy Sexuality by Jim Burns
9. The Purity Code by Jim Burns
10. Accept Nothing Less by Jim Burns

11. Good Pictures/Bad Pictures by Kristen A, Jenson
12. Passport to Purity (familylife.com/t-fl-passport2purity.aspx)
13. The Launch-it has videos and discussions
14. The Story of Me by Stan Jones and Brenna Jones

Countering Culture Book

1. Growing Up Social by Gary Chapman and Arlene Pellicane
2. Raising a Strong Daughter in a Toxic Culture by Meg Meeker
3. Living in a Gray World by Preston Sprinkle
4. 3 Big Questions that Change Every Teenager by Kara Powell

Faith Conversations with your Kids Books

1. Pass it on by Jim Burns and Jeremy Lee
2. Faith Conversations for Families by Jim Burns
3. Keeping Your Kids on God's Side by Natasha Crain

Organizations to follow:

Axis: Focus on giving parents information to know and understand what is going on in culture

- [Weekly Email: The Culture Translator](#)- free newsletter that keeps you up to date with culture
- [Parent Guides, Conversation Kids, Axis Summits](#) - some free, more with membership

[Our Purposeful Life](#): Topics on parenting and marriage

Podcasts and Websites and Online Articles

[Sean McDowell](#) - Great resource for apologetics and current social issues

[Juli Slattery](#)- Great resource for Sexual issues for adults and parents.

[Kathy Koch with Celebrate Kids](#)- knowing your children and teaching your children

[Kara Powell](#) - Understanding culture and today's teen and how to instill a vibrant faith

[Summit Ministries](#) - Great resource for apologetics and current social issues

[Joe McGee](#)- good resource for marriage, parenting and finances

[Dr. Meg Meeker](#)- pediatrician and Christian

Fight the New Drug - Porn prevention/intervention (free resources for people under 18)

<https://fightthenewdrug.org/> <https://www.facebook.com/fightthenewdrug>

Article about phone usage and the brain...

<https://www.businessinsider.com/smartphone-impact-brain...>

Parenting Tweens

[True Girl](#)- for moms of tween girls

[Born to be Brave](#)- for dads of tween boys

[Love Language Quiz](#) -learn how to love your child well

[For Girls Like You](#)- for tween girls

Technology Guides

For Movies, Books, Apps, Music and Games

- [Plugged In](#) by Focus on the Family
- [Common Sense Media](#)
- For Book Reviews: [Honey for a Teen \(or child's\) Heart by Gladys Hunt](#)
- For Music: we recommend looking up the lyrics to the songs your children are wanting to listen to. Or you can check out [Plugged In](#)

Go to resources to learn more about safety products available, social media, video games etc

[We Start Now](#)- Focus on giving parents information to make the right choices for their family

- [Parent Guides for Social Media, Pornography, Smartphones, Cyberbullying](#)
- [Products: Watches, Phones, Router Control Devices, Parental Monitoring Devices](#)

[Protect Young Eyes](#): Focus on giving parents information to make the right choices for their family

- [Social Media, Gaming, Photo and Video Apps Explained](#)
- [Parental Controls for Every Digital Device](#)
- [Resources](#)

[Defend Young Minds](#)- Focus on fighting against pornography

- [Prepare and Prevent Porn Exposure](#)
- [Books to help you talk to your kids about Porn](#)
- [Keep current with the info you need to defend your kids](#)
- [My kid saw porn- now what?](#)

Website Blocking: [Covenant Eyes](#) and [Clean Browsing](#)

Monitoring Text and Social Media: [Bark](#) and [Qustodio](#)

Parental Controls: [Apple Screen Time](#), [Google Family Link](#)

Router Monitoring: [Circle by Disney](#), [Gryphon](#)

Topic of Sexuality and Gender:

- Living in a Gray World by Preston Sprinkle Book
- <https://www.focusonthefamily.com/get-help/understanding-homosexuality-eight-helpful-resources/>

Podcasts

- [Scott Rae and Sean McDowell: Think Biblically](#) This podcast shows you how you can Think Biblically about current events and issues facing our culture. A few of their podcasts cover the topics of homosexuality and gender identity.
- This podcast is a good overview: [Embodied - Transgender Identities and the Church](#)
- [Preston Sprinkle: Theology in the Raw](#)
- Note: LMC does not endorse all of the opinions expressed by the host or his guests. However, he tackles very difficult topics with love, and even where we differ in opinion we can learn from his approach and his perspective. If you have specific questions or areas you would like to learn about, you can search through his past issues and find a variety of podcasts that will probably challenge, stretch, and enlighten you.

Additional Helps

1. Giving a "mom/daughter journal" when they hit 12 to help with keeping communication open
2. We Start Now-Screen Sanity (westartnow.org)
3. Nathan & Dana Hanson's site-ourpurposefullife.com
4. LifeMission.church

Bible Time

Read through the Bible:

1. Do [The Bible Recap](#) together as a family: reading plan plus short daily podcasts
2. Find a [Bible plan](#) that will work for you
3. Find a plan on [YouVersion Bible App](#)
4. [Discover 4 Yourself, Children's Bible Study Series](#) by Kay Arthur
5. [Family Bible Study Series](#) for All Ages by Word in the Family

Bibles for Kids/Teens:

1. [The Beginner's Bible](#) by Zondervan
2. [The Action Bible](#) by David C Cook
3. [The Adventure Bible](#) by Zonderkidz
4. The [NLT Teen Life Bible](#) by Tyndale House
5. Journaling Bible

Books for Kids based on Bible Stories:

1. [The One-Year Devotions for Preschoolers](#) by Tyndale House
2. [The Big Picture Interactive Bible Stories for Toddlers](#) by B & H Kids
3. [The Jesus Storybook Bible](#) by Sally Lloyd-Jones
4. [Jesus Calling Bible Storybook](#) by Sarah Young
5. [I Will Follow Jesus](#) by Judah Smith
6. [The Big Picture Interactive Bible for Kids](#) by B & H Kids

Devotions for Kids/Tweens

1. [How Great is Our God: Devo about God and Science](#) by Louie Giglio
2. [Indescribable: Devo about God and Science](#) by Louie Giglio
3. [One God, One Plan, One Life: a 365 Student Devo](#) by Max Lucado
4. [A Kid's Guide to The Armor of God](#) by Tony Evans
5. [A Kid's Guide to the Power of Words](#) by Tony Evans
6. [A Boy after God's Own Heart](#) by Jim George Or [Girl](#) by Elizabeth George
7. [A Girl's Guide to Making Really Good Choices](#) by Elizabeth George or [Boy](#) by Jim George
8. [A Boy's Guide to Discovering His Bible](#) by Jim George or [Girl](#) by Elizabeth George
9. [For Girls Like You!](#) By Wynter Pitts
10. [Lies Girls Believe](#) by Dannah Gresh
11. [Can you Relate? How to Handle Parents, Friends, Boys](#) and More by Vicki Courtney
12. [Kingdom Quest for Kids](#), tweens and Teens by Tony Evans
13. [It's Great to be a Girl](#) by Dannah Gresh
14. [It's Great to be a Guy](#) by Jarrod Sechler
15. [A Girl's Guide to Understanding Boys](#) by Dannah Gresh
16. [A Girl's Guide to Best Friends and Mean Girls](#) by Dannah Gresh

Books to Discuss and Devotionals for Teens:

1. [Seamless: Understanding the Bible as One Complete Story](#) by Angie Smith
2. A [Young Man after God's Own Heart](#) by Jim George Or [Young Woman's](#) by Elizabeth George
3. A [Young Woman's](#) Guide to Making Really Good Choices by Elizabeth George or [Young Man](#) by Jim George
4. A [Young Man's Guide to Discovering His Bible](#) by Jim George or [Young Woman's](#) by Elizabeth George
5. [The Me I Want to Be, Teen Edition](#) by John Ortberg
6. [The Search for Significance Student Edition](#) by Robert S. McGee
7. [Do Hard Things](#) by Alex and Brett Harris
8. [All In](#) by Mark Batterson
9. [A Teen's Guide to the 5 Love Languages](#) by Gary Chapman
10. [Lies Young Women Believe](#) by Dannah Gresh
11. [For Young Women Only](#) by Shaunti Feldhahn
12. [For Young Men Only](#) by Shaunti Feldhahn